

Rock Hill Commission for Children and Youth
Feb. 6, 2023
Meeting at Fewell Park
5:30 PM

The Commission serves to enhance and promote the positive development of all children and youth through comprehensive collaborative action. The Commission will utilize all of the community's resources, public and private agencies, businesses, church and civic organizations, to promote the health, safety, education and social well-being of all children and youth.

MINUTES

Present: Jenifer Crawford, Queenie Hall, Cindy Taubenkimel, Sarah Hopkins Titman

Absent: Rick Gist, John Sanders, Clair Roberts, Mary Robbins Evans, Erica Smith

Staff: Garnet McKeown and Olivia Reed. John Taylor came to report and to meet CCY.

CALL TO ORDER 5:30 PM

Minutes – To be Approved

Minutes will be approved at next meeting when quorum is present.

PRT Director, John Taylor, attended part of the meeting to report on PRT news and meet commissioners. He expressed gratitude for commissioners and the important role they play and the difference they are making.

PRT News

- Always something new going on – lately a regional park approx. 130 acres is in the works! This park will be comprised of a series of pod parks connecting Heckle to downtown.
- A trail park telling the story of Rock Hill through artwork will give locations a sense of place and illustrate more of Rock Hill's history for generations to come.
- PRT is working with Visit York County to merge efforts to alleviate duplication and focus more on bringing the tourism angle into as strong a connection as parks and recreation have become.
- Sports tourism is one way this is being focused on, especially with the Sports and Events Center
 - One initiative is having a one stop shop for meeting space which can accommodate 60-100 people, provide the venue, catering and more. This is geared to boost Sunday-Thursday sales, with sports events taking up Friday-Saturday for a full week of economic impact.
 - More hotel space planned as hotel space is very limited due to the amount of room nights needed for sporting events.
- Plans are in place to promote tourism more as well as baseball
 - Discussion of bringing marathons to Rock Hill and the impact of tapping into this market
- Lifelong Learning program has been growing and expanding exponentially
- BMX Nationals will be held in March and October with Worlds coming back next year in 2024

Old Business

- No old business discussed

Youth Council

- No report

Youth Service League

- No report

ACES & Resilience Task Force

- No report

Ambassadors' Meeting

- Will be meeting soon

New Business

- Judy Rauppius with NAMI will be coming to speak at our March meeting
 - Ideas for topics to discuss
 - State statistics
 - Need for advocacy groups
 - How the CCY can help NAMI
 - Action steps to take and promote
- Sarah will be helping to lead AS + K Gatekeeper Training which helps to recognize signs and symptoms of suicide
 - "The CPR for suicide prevention" -what others can do to help before the social worker can get there
 - 2 hour training over Zoom to get the certificate
 - Can accommodate 15 people at a time. Contact Sarah Titman to get signed up.
 - Discussion of sending all the athletic programmers to this training if a bigger group can be set up through the state training.
- Upcoming events - there will be a community mental health summit with NAMI about living with loss geared to 7-10th graders every other week focusing on education and skills to cope
 - Family groups, hospice and 6-12 will also be offered
 - Resources to take home and to know what to do and say when something tragic happens
- Parent Academies will focus on anticipatory loss, death, changes, and loss with class changes and more. Series will be for 4 weeks.
 - Past Parent Academy talks are on YouTube for on-demand listening.

Re-evaluation of CCY Goals

- Every year the goals are re-evaluated. The CCY reviewed and discussed the 2022 goals and any changes for 2023.
 - The impact of COVID was discussed on the cognitive, social, and mental development of kids
 - The impact is being seen more on teachers as well as kids now
 - This goal will be incorporated into connecting with community stakeholders for 2023

2023 CCY Goals

1. Continue to seek ways to promote The Number One Question in partnership with the Ambassadors through an online presence to promote community holistic health initiatives
2. Connect with Community Stakeholders
 - Promote interaction between CCY, Youth Council, Youth Service League and Ambassadors
 - Support and promote PRT and Rock Hill School District events and initiatives
 - Invite speakers to CCY meetings to inform the commission on the current

- needs of children and youth in the community
- Promote and support York County nonprofit initiatives geared towards the Number One question goals
- Advocate and educate on social and emotional well-being related to the ongoing impact of COVID-19

Additional Comments

- Carpool strategy – talk to your kids or those you pick up in the car. Try to engage in conversation and ask meaningful questions. Kids tend to keep to themselves. They are more inclined to text their friends, than to talk to their parents about something that is bothering them, so they don't add worry to their parents.
- Upcoming summit discussion
- Where #1 Question is now and what's next for them and the Ambassadors
 - Meetings next month
- The Works program continues - geared towards high schoolers learning about specific areas of the city through work force development and simulation experiences

Our next meeting will be held on March 6. We will approve both minutes and approve the 2023 goals.

Adjournment

Meeting adjourned at 7 PM.

Respectfully submitted,

Olivia Reed